

## FREEDOM ATHLETICS AGREEMENTS 2023-2024

This agreement is made and entered into this \_\_\_\_\_ day of \_\_\_\_\_, 2023 between

**Freedom Athletics and \_\_\_\_\_ (“Responsible Party”).**

The Responsible Party, as parent/guardian of

\_\_\_\_\_ (“Athlete”) hereby agrees as follows:

1. I have read the entire Handbook and understand the commitment, standards, and significant financial obligation involved with joining a team, and I agree to abide by the policies set forth therein. \_\_\_\_\_ (initials)
2. I understand that competitive cheerleading is a time consuming sport, and it is my intention for my athlete to remain at Freedom Athletics throughout the entire season. However, if I remove him/her for any reason, I understand and agree that All-star fees and tuition are **non-refundable and there is a \$250 early termination fee** regardless of whether my athlete attends a competition. \_\_\_\_\_(initials)
3. I understand that I will be required to participate in mandatory fundraisers or pay the fee that is required to raise. \_\_\_\_\_(initials)
4. I understand that if my athlete is benched or unable to compete an alternate will take their spot. I will be required to still pay the competition fee for the alternate to take my athlete’s spot. \_\_\_\_\_(initials)
5. I agree to pay my tuition fees on the 25th of each month via a credit card or cash . \_\_\_\_\_(initials)
6. I understand that prolonged outstanding balances may result in my child moving into an alternate position and you will NOT get a plus 1 attendance at our banquet. \_\_\_\_\_(initials)
7. If you tryout at another gym during our season you will immediately be removed from the program. All Star Cheer rules states that you can not be a part of 2 allstar programs at the same time. \_\_\_\_\_(initials)
8. I agree to abide by the Athlete Policies, Parent Code of Conduct and the Logo Use. I understand that failure to do so could result in the dismissal of my athlete from the Freedom Athletics All Star Program. \_\_\_\_\_(initials)

\_\_\_\_\_  
Responsible Party - PLEASE PRINT

\_\_\_\_\_  
Responsible Party Signature

## FREEDOM ATHLETICS AGREEMENTS 2023-2024

I, \_\_\_\_\_ AUTHORIZE FOR MY CREDIT CARD TO BE CHARGED MY MONTHLY TUITION FEES, LATE FEES OR ANY ADDITIONAL FEES (COMPETITION, UNIFORM FEES). I UNDERSTAND MY CREDIT CARD WILL BE CHARGED FROM JUNE 2023 -MAY 2024 (FULL SEASON) OR NOVEMBER 2023-MAY 2024 (MIDSEASON). THERE MAY BE ADDITIONAL FEES DUE IN MAY FOR TEAMS THAT ADVANCE TO SPECIAL BID ONLY COMPETITIONS. MY CREDIT CARD WILL BE CHARGED THE LATE FEE OF \$15.00, PER ATHLETE FOR TUITION PAID AFTER THE 10 TH.

I CERTIFY THAT THE INFORMATION IS CORRECT AND ACCURATE. I HEREBY AUTHORIZE FREEDOM ATHLETICS, INC TO COLLECT FEES THAT ARE DUE BY PROCESSING THE CARD BELOW ON THE 25TH OF EACH MONTH FOR THE 2023-2024 SEASON.

Cardholder's Signature \_\_\_\_\_ Date \_\_\_\_\_

- I WILL PAY IN CASH FOR ALL FEES THIS SEASON
- MY CREDIT CARD IS ALREADY UPDATED ON FILE IN MY CUSTOMER PORTAL
- I HAVE UPDATED **ALL** MY INFORMATION IN MY CUSTOMER PORTAL IN ICLASS PRO

### PLEASE PRINT CLEARLY

CARD TYPE \_\_\_\_\_ CARDHOLDER'S NAME \_\_\_\_\_

CARD NUMBER \_\_\_\_\_ CVV CODE \_\_\_\_\_

EXPIRATION DATE \_\_\_\_ / \_\_\_\_

BILLING ADDRESS TO CARD \_\_\_\_\_

\_\_\_\_\_

# FREEDOM ATHLETICS AGREEMENTS 2023-2024

## **PARENT CODE OF CONDUCT:**

(Please read and initial each line)

### **Responsibilities of the parent, step parent, and/or guardian of athlete are as follows:**

1. I / We understand that cheering at Freedom Athletics is a privilege. I/ We understand that Freedom Athletics IS NOT PUBLIC school, and they will discipline (sit out of practice, be sent home, moved from a position, extra strength training) my athlete for not following the rules. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
2. I/We will abide by the 24 hour rule and schedule a time with the coach AND the owner to calmly and constructively discuss practice issues or other concerns rather than during, immediately before or after a practice or competition. Instead of complaining publicly, I will be part of the solution by scheduling a private time to discuss my concerns. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
3. I / We will not speak about my athlete or any other athlete, our program, coaches or Freedom in a negative manner via social media. I will let the coaches coach and I will see the best in every team and athlete. I/We understand Freedom has an open door policy to bring issues directly to the coach first, then the owner if necessary. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
4. I / We agree to pick up our athlete ON TIME (or notify teammom) practices, events, performances and competitions. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
5. I / We will be responsible for getting our athlete to and from events and competitions. If I/ We are unable to attend the competition we will find another cheer parent to take our athlete AND share any **expenses such as hotel, food, gas,** etc. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
6. I/ We agree to be responsible for our athlete activities or behavior during all Freedom events, community events, and competitions. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
7. I/We agree as parents or guardians not to act inappropriate ( drinking, drugs, acting like a damn fool) at **ANY** Freedom events. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
8. I / We agree to have access to the band app, team facebook pages and/or email. I / We understand this is Freedom's main form of communication with the parents. \_\_\_\_\_(initials)\_\_\_\_\_(initials)

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9. I / We understand that Freedom Staff is solely responsible and retains full creative control of the placement of MY athlete(s) on a team and all competition routines elements (formations, positions in stunts, cheer and dance sequences). \_\_\_\_\_(initials)\_\_\_\_\_ (initials)
10. I /We understand that if my athlete can not practice, perform or compete due to being benched, injury, sickness or family emergency, an alternative will be used to replace my athlete. I understand that tuition fees AND competition fees will be used for the alternate to replace my athlete at that specific event. If for some reason the athlete can not return due to injury we will address each case individually.  
\_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
11. I /We **will not use cheer as a punishment.** This only hurts the team and their success. Families with SPLIT custody HAVE to agree to get their athlete to all Freedom events no matter what is going on personally between the parents.  
\_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
12. I / We will monitor my athletes' social media accounts and all platforms.  
\_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
13. I / We understand there will be additional community service events that Freedom attends and performs at during the season. These events require all to participate. Cocoa/ Rockledge or Viera Christmas Parade, Breast Cancer Walk, Lupus or Epilepsy Walks, Local races etc. \_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
14. I / We have electronically signed all the waivers and policies in our I class pro customer profile. These include: Medical waiver, Photo release, Financial waiver.  
\_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
15. I / We understand the name "Freedom Athletics" and the "Freedom Logo" are property of Freedom Athletics, Inc. Permission is required from the owner before anyone can sell any products or services that involves, uses, or displays our name or logo. We want to be very careful about how our brand is presented. \_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
16. I / We will not bring our athlete to practice if they are showing signs of Coronavirus or have been exposed to someone who has it. \_\_\_\_\_ (initials)\_\_\_\_\_ (initials)
17. I/ We understand that our athlete should not bring their cell phone to the gym, but if they do it will be turned off and placed in a cell phone basket. Not all athletes are allowed to have a phone or access to things on social media. I will communicate this with my athlete so they are aware. \_\_\_\_\_ (initials)\_\_\_\_\_ (initials)

## FREEDOM ATHLETICS AGREEMENTS 2023-2024

By signing this contract you acknowledge that you have **read and understand the terms and conditions of this agreement**, and will be held accountable for these rules. Violating any of these parent guidelines will result in immediate action that could lead to dismissal from our program.

Parent Signature(s) \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature(s) \_\_\_\_\_

Date \_\_\_\_\_

# FREEDOM ATHLETICS AGREEMENTS 2023-2024

## **GYM GUIDELINES**

1. For the safety and fairness of all participants, only coaches and athletes are allowed on the gym floor.
2. We will not allow parents, friends, grandparents, etc. on the floor at any time unless invited.
3. Please help us in this effort to provide the best service to our/your athletes.
4. We are honored to work with your athlete, and we do not take that task lightly. Please also understand that participation in the program is a choice and a privilege ANY parent or athlete who displays negative behavior is counter-productive to the overall success of the program and can be dismissed from the program at any time without warning. This includes social media platforms.

**Parent Signature** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

## **DRESS CODE**

1. Practice Dress Code - Athletes must wear the correct practice clothes to practice. Cheer shoes must be worn at every practice.
2. Shorts are meant to be worn as shorts, and do not need to be pulled up excessively.
3. Hair should be pulled up and out of the face.
4. NO JEWELRY of any kind is allowed to be worn during practice. Neither Freedom Athletics or Staff is responsible for jewelry if it is worn into the gym, removed for practice, lost or stolen or causes injury.
5. New piercings are discouraged during the season.
6. NO CELL PHONES IN THE GYM

**Parent Signature** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

# FREEDOM ATHLETICS AGREEMENTS 2023-2024

## **ATTENDANCE**

1. Competition Season Practices - The "Competition Season" begins August 8, 2023 and ends April/May 2024. Practice attendance is mandatory and compliance with the attendance policy below will be strictly enforced, An athlete's team position will be jeopardized for no compliance with all the following terms of the attendance policy.
  - Athletes are expected to be at every practice. Just like your coaches.
  - If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning ALL routine changes made in their absence BEFORE the next practice. We have all our practices set for the season, but there will be times when we have to change them or add another one.
  - We are aware that many junior/senior HS age athletes will need to take the ACT/SAT on a Saturday. We recommend that you schedule these as early in the season as possible. A competition cannot be missed due to ACT/SAT testing. Please let your coach know your SAT/ACT dates as soon as possible.
  - Due to the size of our gym we need parents to drop off their athletes and return the last 10 minutes of practice to watch. There may not be seating available. There are many things you could do during the 2-3 hour practice.

**The Gym Owner (Boss Lady), and team coaches have the ultimate discretionary authority to excuse absences on a case-by-case basis.**

2. UNEXCUSED ABSENCES - Examples of unexcused absences: family gatherings after breaks, concerts, parties, studying, birthday parties, dances, trips to Disney, etc.
3. BLACKOUT WEEKS - unexcused absences are NEVER allowed the 2-weeks before a competition or performance under any circumstance. An alternate will be put in your athlete's spot for that event. If you know early that your athlete has a conflict with a competition date, speak directly with Coach Nancy.
4. NO SHOW - Missing a competition with no notice will result in immediate dismissal from the program.

## **FREEDOM ATHLETICS AGREEMENTS 2023-2024**

5. INJURY - In the event an athlete is injured, you should notify your Head Coach and Gym Owner immediately. Thereafter you should continuously update coaches as soon as possible with all information concerning the doctor's prognosis, estimated length of recovery, potential for surgery, and any change in circumstance affecting their ability to perform the physical skills required to fulfill their role on the team. We will re-choreograph routines based on the athlete's injury and length of recovery. Once the individual has fully recovered, he or she may or MAY NOT be choreographed back into the same spots in the routine. The determination of when he or she will be placed back into the routine is up to the coaches and Gym Owner and based on the team, and the competition schedule at that time. Every situation could vary.
6. ALL STAR QUITTING POLICY - If an all star decides they no longer want to be a part of Freedom Athletics after team choreography they will be responsible for paying an early termination fee of \$250. No refunds will be given.

**Parent Signature**\_\_\_\_\_

**Parent Signature**\_\_\_\_\_

### **INFORMATION & SOCIAL MEDIA**

Freedom Athletics Inc

Instagram - freedom\_allstars Facebook - @FreedomAthletics1 Snapchat - freedomallstars

1. BAND APP - Please download the app. We use this for information purposes ONLY. NO comments will be allowed. When creating your account, please enable the text message feature. This way you will get a text message alert that an important post was made on the band.
2. TEAM FACEBOOK PAGES - Each team will have a FB page again, for information purposes ONLY. No comments will be allowed.



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3. EMAIL -You will get your invoices, payment receipts, and any other info via email. It is **YOUR** responsibility to make sure that we have your CURRENT email address so that you receive all pertinent information.
4. I CLASS PRO APP - Download this app from the app store. You can access your cheer account with this.

**Parent Signature** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

### **ADDITIONAL TRAINING OPTIONS**

1. TUMBLING CLASS OPTION - All Star athletes are encouraged to take any extra tumbling per week to improve their tumbling skills. They will do team tumbling that will continue to work on the tumbling skills needed for their team level. It is discounted to \$100 for a 4- week session or \$120 for a 6-week session. \*Please note that if you have an outstanding balance on your account, your athlete will not be allowed to take classes until their account is current. (This also includes siblings that are not all stars)
2. FLYER FLEXIBILITY CLASS - Is an additional \$30 a month and is mandatory for all fliers. Fliers meet 30 minutes before each practice. Coaches will let you know if your athlete will need to take this class.
3. CROSSING OVER TO ANOTHER TEAM - The additional practices, and extended time in the gym, will help develop their athletic ability and confidence. THIS OPTION IS NOT FOR EVERYONE. The commitment of time is greatly increased. There are additional fees associated with crossovers: uniforms, competition crossover fees, BID only event crossover fees. First year athletes are discouraged from participating on more than one team. Please understand each case will be addressed individually. The coaches reserve the right to make exceptions under special circumstances without question.

**Parent Signature** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

# **FREEDOM ATHLETICS AGREEMENTS 2023-2024**

## **IN CLOSING:**

I/ We understand that cheering at Freedom Athletics is a privilege. I/ We understand that Freedom Athletics IS NOT PUBLIC school, and they will discipline (sit out of practice, be sent home, moved from a position, extra strength training) my athlete for not following the rules.

\* We train our athletes hard, practices will be difficult. IF they are not following rules they will be asked to sit out, do extra strength training or go home or move from a certain position. Once they understand that we have set rules, everyone joins the party and we begin to see the athletes set goals and work together as a team. There is an adjustment. Especially if they come from a different style of training (school, gym, home).

I/We will abide by the 24 hour rule and schedule a time with the coach AND the owner to calmly and constructively discuss practice issues or other concerns rather than during, immediately before or after a practice or competition. Instead of complaining publicly, I will be part of the solution by scheduling a private time to discuss my concerns. \* This rule is very important to our program. We will NEVER send your child to sit outside alone, we will NEVER put our hands on your child. We WILL tell them when they have done something wrong, how to correct it and as them if they understand what they did wrong. Sometimes their name will be called out at practice numerous times. WE ARE NOT PICKING ON YOUR CHILD. We are coaching them to learn from the mistake, be aware of the mistake and how to prevent the mistake.

## **QUESTIONS THAT WILL HELP OUR COACHES TO BETTER COACH YOUR ATHLETE**

- Does your athlete have any vision issues we need to be aware of?
- Does your athlete have any hearing issues we need to be aware of?
- Is your athlete reading on grade level?
- Is your athlete diagnosis with ADD or ADHD? \* (90% of cheerleaders are)
- Are you a crazy parent? (Just checking to see if you are really reading this agreement)

\*If your athlete receives any accommodations at school (504 or IEP) that will help them learn their cheer routine, please schedule a meeting with your coach to discuss further.

# **FREEDOM ATHLETICS AGREEMENTS 2023-2024**