

# FREEDOM ATHLETICS AGREEMENTS 2022-2023

**\*THESE FORMS MUST BE TURNED IN AT YOUR SKILL EVALUATIONS ON JUNE 4TH.**

This agreement is made and entered into this \_\_\_\_\_ day of \_\_\_\_\_, 2022 between

**Freedom Athletics and \_\_\_\_\_ ("Responsible Party").**

The Responsible Party, as parent/guardian of

\_\_\_\_\_ ("Athlete") hereby agrees as follows:

1. I have read this entire Handbook & Agreements and understand the commitment, standards, and significant financial obligation involved with joining a team, and I agree to abide by the policies set forth therein. \_\_\_\_\_ (initials)
2. I understand that competitive cheerleading is a time consuming sport, and it is my intention for my athlete to remain at Freedom Athletics throughout the entire season. However, if I remove him/her for any reason, I understand and agree that All-star fees and tuition are **non-refundable and there is a \$250 early termination fee** regardless of whether my athlete attends a competition. \_\_\_\_\_(initials)
3. I understand that I will be required to participate in mandatory fundraisers or pay the fee that is required to raise. \_\_\_\_\_(initials)
4. I understand that if my athlete is benched or unable to compete and alternate will take their spot. I will be required to still pay the competition fee for the alternate to take my athlete's spot. \_\_\_\_\_(initials)
5. I agree to pay my tuition fees on the 25th of each month via a credit card (Cash payments must have approval from the owner Nancy McDowell). \_\_\_\_\_(initials)
6. I understand that any tuition that is outstanding on the 5th of each month will be assessed a \$15 late fee and my athlete will not be able to practice until the tuition and late fee are paid. \_\_\_\_\_(initials)
7. I understand that prolonged outstanding balances may result in my child moving into an alternate position until it is paid. \_\_\_\_\_(initials)
8. I agree to abide by the Athlete Policies, Parent Code of Conduct and the Logo Use. I understand that failure to do so could result in the dismissal of my athlete from the Freedom Athletics All Star Program. \_\_\_\_\_(initials)

\_\_\_\_\_  
Responsible Party - PLEASE PRINT

\_\_\_\_\_  
Responsible Party Signature

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I, \_\_\_\_\_ AUTHORIZE FOR MY CREDIT CARD TO BE CHARGED MY MONTHLY TUITION FEES, LAST FEES OR ANY ADDITIONAL FEES (COMPETITION, UNIFORM FEES). I UNDERSTAND MY CREDIT CARD WILL BE CHARGED FROM JUNE 2022 -MAY 2023 (FULL SEASON) OR NOVEMBER 2022-MAY 2023 (MIDSEASON). THERE MAY BE ADDITIONAL FEES DUE IN MAY FOR TEAMS THAT ADVANCE TO SPECIAL INVITE ONLY COMPETITIONS. MY CREDIT CARD WILL BE CHARGED THE LATE FEE OF \$15.00, PER ATHLETE FOR TUITION PAID AFTER THE 5TH.

I CERTIFY THAT THE INFORMATION IS CORRECT AND ACCURATE. I HEREBY AUTHORIZE FREEDOM ATHLETICS, INC TO COLLECT FEES THAT ARE DUE BY PROCESSING THE CARD BELOW ON THE 25TH OF EACH MONTH FOR THE 2022-2023 SEASON.

Cardholder's Signature \_\_\_\_\_ Date \_\_\_\_\_

- MY CREDIT CARD IS ALREADY ON FILE IN MY CUSTOMER PORTAL
- I HAVE UPDATED ALL MY INFORMATION IN MY CUSTOMER PORTAL IN ICLASS PRO

**PLEASE PRINT CLEARLY**

CARD TYPE \_\_\_\_\_ CARDHOLDER'S NAME \_\_\_\_\_

CARD NUMER \_\_\_\_\_ CVV CODE \_\_\_\_\_

EXPIRATION DATE \_\_\_\_ / \_\_\_\_

BILLING ADDRESS TO CARD \_\_\_\_\_

\_\_\_\_\_

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## **PARENT CODE OF CONDUCT:** (Please read and initial each line)

Responsibilities of the parent, step parent, and/or guardian of athlete are as follows:

1. I / We understand that cheering at Freedom Athletics is a privilege. I/ We understand that Freedom Athletics **IS NOT PUBLIC** school, and they will discipline my athlete for not following the rules. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
2. I / We agree to pick up our athlete ON TIME (or notify someone you are running late) practices, events, performances and competitions. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
3. I / We will be responsible for getting our athlete to and from events and competitions. If I/ We are unable to attend the competition we will find another cheer parent to take our athlete AND share any **expenses such as hotel, food, gas,** etc.\_\_\_\_\_(initials)\_\_\_\_\_(initials)
4. I/ We agree to be responsible for our athlete activities or behavior during all Freedom events, community events, and competitions.\_\_\_\_\_(initials)\_\_\_\_\_(initials)
5. I/We agree as parents or guardians not to get drunk or act inappropriate at any Freedom events. \_\_\_\_\_(initials)\_\_\_\_\_(initials)
6. I / We agree to have access to the band app, team facebook pages and email. I / We understand this is Freedom's main form of communication with the parents.\_\_\_\_\_(initials)\_\_\_\_\_(initials)
7. I / We understand that Freedom Staff is solely responsible and retains full creative control of the placement of MY athlete(s) on a team and all competition routines elements (formations, positions in stunts, cheer and dance sequences).\_\_\_\_\_(initials)\_\_\_\_\_(initials)

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8. I /We understand that if my athlete can not practice, perform or compete due to being benched, injury, sickness or family emergency, an alternative will be used to replace my athlete. I understand that tuition fees AND competition fees will be used for the alternate to replace my athlete at that specific event. If for some reason the athlete can not return due to injury we will address each case individually.

\_\_\_\_\_(initials)\_\_\_\_\_(initials)

9. I /We will not use cheer as a punishment. This only hurts the team and their success.\_\_\_\_\_ (initials)\_\_\_\_\_ (initials)

10. I / We will not speak about an athlete or any other athlete, our program, coaches or Freedom in a negative manner via social media. I/We will let the coaches coach and I will see the best in every team and athlete. I/ We understand Freedom has an open door policy to bring issues directly to the coach first, then the owner if necessary.

\_\_\_\_\_(initials)\_\_\_\_\_(initials)

11. I / We will monitor my athletes' social media accounts and all platforms.

\_\_\_\_\_(initials)\_\_\_\_\_(initials)

12. I / We understand there will be additional community service events that Freedom attends and performs at during the season. These events require all to participate.

\_\_\_\_\_(initials)\_\_\_\_\_(initials)

13. I / We have electronically signed all the waivers and policies in our I class pro customer profile. These include: Medical waiver, Photo release, Financial waiver.

\_\_\_\_\_(initials)\_\_\_\_\_(initials)

14. I / We understand the name "Freedom Athletics" and the "Freedom Logo"are property of Freedom Athletics, Inc. Permission is required from the owner before anyone can sell any products or services that involves, uses, or displays our name or logo. We want to be very careful about how our brand is presented. \_\_\_\_\_(initials)\_\_\_\_\_(initials)

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15. I / We will not bring our athlete to practice if they are showing signs of Coronavirus or have been exposed to someone who has it. \_\_\_\_\_(initials)\_\_\_\_\_ (initials)

16. I/ We understand that our athlete should not bring their cell phone to the gym, but if they do it will be turned off and placed in a cell phone basket. Not all athletes are allowed to have a phone or access to things on social media. I will communicate this with my athlete so they are aware. \_\_\_\_\_(initials)\_\_\_\_\_ (initials)

By signing this contract you acknowledge that you have **read and understand the terms and conditions of this agreement**, and will be held accountable for these rules. Violating any of these parent guidelines will result in immediate action that could lead to disqualify from our program.

Parent Signature(s) \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature(s) \_\_\_\_\_

Date \_\_\_\_\_

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## **ATHLETE AGREEMENT:** (Please read and initial each line)

1. I, \_\_\_\_\_(initial) understand that cheering at Freedom Athletics is a privilege. I understand that Freedom Athletics **IS NOT PUBLIC** school, and they will discipline my athlete for not following the rules.
2. I, \_\_\_\_\_(initial) agree to uphold the highest standards of moral conduct in and out of uniform. I will not participate in any negative actions or comments in regards to my Freedom teams or family.
3. I, \_\_\_\_\_(initial) understand that school is my number one priority. I will practice time management and communicate with my coaches and parents if I am struggling or need help.
4. I, \_\_\_\_\_(initial) understand that I must maintain a healthy and physically strong condition. I will be pushed, sore and encouraged to do my best.
5. I, \_\_\_\_\_(initial) understand that I will be terminated from the team if I am under the influence of alcohol or drugs.
6. I, \_\_\_\_\_(initial) understand I must communicate with my coaches **IMMEDIATELY of ANY injury.**
7. I, \_\_\_\_\_(initial) understand that I am a role model for future athletes at Freedom. My behavior outside of the gym is just as important as inside. I will not post ANYTHING on social media that is negative about Freedom, my team, coaches or myself. This included, but not limited to: pictures/ text/messages of any kind of Facebook/ Snap Chat/ Your "Private snap chat"/Twitter/ Instagram/ Tik Tok/Photos and any other social media platform. **ANYTHING NEGATIVE WILL BE DEALT WITH ACCORDINGLY**, So remember if you LOVE Freedom and cheering you could lose it all even with "guilt by association"

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8. I, \_\_\_\_\_(initial) understand that I must participate in team activities such as team bonding, and community events.
9. I, \_\_\_\_\_(initial) I will use my voice in a positive manner to ask for help, or give help to a teammate or myself.
10. I, \_\_\_\_\_(initial) understand how important sportsmanship and team unity is to Freedom.

By signing this contract you acknowledge that you have **read and understand the terms and conditions of this agreement**, and will be held accountable for these rules. Violating any of these athlete guidelines will result in immediate action that could lead to dismissal from our program.

Athlete Signature \_\_\_\_\_

Date \_\_\_\_\_

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## **GYM GUIDELINES**

1. For the safety and fairness of all participants, only coaches and athletes are allowed on the gym floor.
2. We will not allow parents, friends, grandparents, etc. on the floor at any time unless invited.
3. Please help us in this effort to provide the best service to our/your athletes.
4. Athletes are not permitted to compete, fill in or participate with any other All Star team while currently enrolled in a Freedom Athletics program. For more information fo to [www.usasf.net](http://www.usasf.net)
5. We are honored to work with your athlete, and we do not take that task lightly. Please also understand that participation in the program is a choice and a privilege ANY parent or athlete who displays negative behavior is counter-productive to the overall success of the program and can be dismissed from the program at any time without warning. This includes social media platforms.

**Parent Signature**\_\_\_\_\_

## **INFORMATION & SOCIAL MEDIA OUTLETS**

1. Band App - Please download the app. We use this for information purposes ONLY. NO comments will be allowed. When creating your account, please enable the text message feature. This way you will get a text message alert that an important post was made on the band.
2. Team FaceBook Pages - Each team will have a FB page again, for information purposes ONLY. No comments will be allowed.
3. Email - This is our main form of communication. You will get your invoices, payment receipts, and any other info via email. It is **YOUR** responsibility to make sure that we have your CURRENT email address so that you receive all pertinent information.

**Parent Signature**\_\_\_\_\_

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## **SOCIAL MEDIA**

Freedom Athletics Inc

Instagram - freedom\_allstars   Facebook - @FreedomAthletics1   Snap Chat - freedomallstars

## **USASF & SAFE SPORT CERTIFIED GYM**

1. The mission of the United States All Star Federation (USASF) is "to support and enrich the lives of our all star athletes and members. We provide consistent rules, strive for a safe environment for our athletes, drive competition excellence and promote a positive image for the sport."
2. Freedom Staff are certified and background checked through the USASF .
3. Each athlete who cheers for Freedom Athletics will be required to become a member of the USASF. The cost is \$49. If an athlete turns 18 during the season, they are required to do the Safe Sport training and have a background check. More information can be found at [usasf.net](http://usasf.net)

## **ADDITIONAL TRAINING OPTIONS**

1. Tumbling Class Option - All Star athletes are encouraged to take an extra hour of tumbling per week to improve their tumbling skills. They will do team tumbling that will continue to work on the tumbling skills needed for their team level. We will offer specific tumbling classes for just our all star athletes. It is discounted to \$80 for 1 hour of class each week. This is billed monthly.
2. Please note that if you have an outstanding balance on your account, your athlete will not be allowed to take classes until their account is current. (This also includes siblings that are not all stars)
3. Flyer Flexibility Class - Is an additional \$30 a month and is mandatory for all fliers. Fliers meet 30 minutes before each practice. Coaches will let you know if your athlete will need to take this class.
4. Crossing Over to Another Team - The additional practices, and extended time in the gym, will help develop their athletic ability and confidence. THIS OPTION IS NOT FOR EVERYONE. The commitment of time is greatly increased. First year athletes are discouraged from participating on more than one team. Please understand each case will be addressed individually. The coaches reserve the right to make exceptions under special circumstances without question.

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## **DRESS CODE**

1. Practice Dress Code - Athletes must wear the correct practice clothes to practice. Cheer shoes must be worn at every practice.
2. Shorts are meant to be worn as shorts, and do not need to be pulled up excessively.
3. Hair should be pulled up and out of the face.
4. **NO JEWELRY** of any kind is allowed to be worn during practice. Neither Freedom Athletics or Staff is responsible for jewelry if it is worn into the gym, removed for practice, lost or stolen or causes injury.
5. New piercings are strongly discouraged during the season.

**Parent Signature**\_\_\_\_\_

## **ATTENDANCE**

1. Summer Practices - At Freedom our Freedom Weeks "Hell Weeks" is a continuation of our skill evaluations AND our summer practices. Due to the growth of our program we may have to offer our Hell weeks in 2 different sessions. We will know if we have to make 2 sessions once we have skill evaluations. These would be :  
Week # 1 - June 6-9 (9am - 5pm) or Session 1 (9am - 3pm) / Session 2 (3pm - 9pm)  
Week # 2 - June 13-17 (9am - 3pm) or Session 1 (9am -1pm) / Session 2 (3pm -7pm)
  - No class June 15thWeek # 3 - June 21-23 (9am - 3pm) or Session 1 (9am -1pm) / Session 2 (3pm -7pm)  
Week # 4 - July 11-14 (9am - 5pm) or Session 1 (9am - 3pm) / Session 2 (3pm - 9pm)  
Week # 5 - July 18-22 (9am - 3pm) or Session 1 (9am -1pm) / Session 2 (3pm -7pm)
  - No class July 20thWeek # 6 - July 26-28 (9am - 3pm) or Session 1 (9am -1pm) / Session 2 (3pm -7pm)
2. Competition Season Practices - The "Competition Season" begins August 8, 2022 and ends May 2023. Practice attendance is mandatory and compliance with the attendance

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policy below will be strictly enforced, An athlete's team position will be jeopardized for no compliance with all the following terms of the attendance policy.

- Athletes are expected to be at every practice. Just like your coaches
- If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning ALL routine changes made in their absence BEFORE the next practice. (Minis and above)
- We have all our practices set for the season, but there will be times when we have to change them or add another one.
- We are aware that many junior/senior HS age athletes will need to take the ACT/SAT on a Saturday. We recommend that you schedule these as early in the season as possible. A competition cannot be missed due to ACT/SAT testing. Please let your coach know your SAT/ACT dates as soon as possible.
- Due to the size of our gym, WE WILL HAVE CLOSED PRACTICES; we need parents to drop off their athletes and return the last 10-15 minutes of practice to watch. There may not be seating available. There are many things you could do during the 2 hour practice.

**The Gym Owner (Boss Lady), and team coaches have the ultimate discretionary authority to excuse absences on a case-by-case basis.**

3. Unexcused Absences - Examples of unexcused absences: family gatherings after breaks, concerts, parties, studying, birthday parties, dances, trips to Disney, etc.
4. **UNEXCUSED ABSENCES are NEVER allowed the weekend and week before a competition or performance under any circumstance. An alternate will be put in your athlete's spot for that event. If you know early that your athlete has a conflict with a competition date, speak directly with Coach Nancy.**
5. Missing a competition with no notice will result in immediate dismissal from the program.
6. INJURY - In the event an athlete is injured, you should notify your Head Coach and Gym Owner immediately. Thereafter you should continuously update coaches as soon as possible with all information concerning the doctor's prognosis, estimated length of recovery, potential for surgery, and any change in circumstance affecting their ability to perform the physical skills required to fulfill their role on the team. We will re-choreograph routines based on the athlete's injury and length of recovery. Once the

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individual has fully recovered, he or she may or MAY NOT be choreographed back into the same spots in the routine. The determination of when he or she will be placed back into the routine is up to the coaches and Gym Owner and based on the team, and the competition schedule at that time. Every situation could vary.

7. All Star Quitting Policy - If an all star decides they no longer want to be a part of Freedom Athletics after team choreography they will be responsible for paying a early termination fee of \$250. No refunds will be given.

**PLEASE MAKE A COPY OF THIS AGREEMENT FOR YOUR RECORDS. WE MUST HAVE THE ORIGINAL SIGNED TO KEEP ON FILE.**